

What About Oral Sex?

Is it sex?

Oral sex refers to the contact of one person's mouth or tongue with the genitals of another person. Although this is not sexual intercourse in the normal sense, most dictionaries also define sexual intercourse as: "intercourse involving genital contact between individuals other than penetration of the vagina by the penis." So oral sex definitely qualifies as sex. Think about it: if oral sex isn't sex, then why is it called oral "sex"?



Many young people want to retain the status of "virgin" while playing around with sex, but virgins, by definition, are *not sexually active*. If someone wants to keep the gift of their virginity for their future spouse, abstinence is the way to go. And true abstinence would exclude oral sex.

What's the big deal?

For starters, oral sex is one of the most extremely intimate activities around. It's hardly "no big deal." And the other thing for you to think about is the health risk involved...

There is no debate in the medical community on this one—oral sex is not "safe sex." Oral sex—like other sexual activities where contact with the genitals is involved—exposes both men and women to life-threatening STDs. Oral sex has been found to spread such STDs as syphilis, gonorrhea, HIV, human papillomavirus (HPV), genital herpes, chlamydia, and possibly hepatitis C. No one wants genital warts in their mouth! Be truly "safe" and skip oral sex.